

COMMUNITY

HEALTH & WELLBEING

COMMUNITY

Rover Car Club

- Gary Corbett rovercarclub@gmail.com
- Meets first Wednesday of the month 7.30-9.30pm

The Embroiders Great Escape

- Contact Kim Wood
- 0211716731
great.escape.covenor@gmail.com

The Auckland Quilt Guild

- Contact Shelly Sylvia
- S.psylvia@xtra.co.nz

All Nations Aotearoa

- Contact Pastor Warren Retzlaff
- xtremealoafa@yahoo.com
- Meets first Monday each month

Tapasaya School of Classical Dance

- Contact Dhanya Sreekanth
- 021 665 8740
Dhanya.jayaraj@gmail.com
- Friday 6.30-7.30 Saturday 9.00-1.00
Sunday 1.30-3.30pm

Nupur Dance

- Contact Manasi Namjoshi
- 027 210 2978
Manasi.namjoshi@gmail.com
- Thursday 5.45-7.15pm Sunday 10.00am-2.00pm

Hatha in the House

- Great for beginners and the experienced.
- Tues 5.30-6.30pm
- Contact: Lisa 021 248 1819

Etka Pathak Yoga

- Contact Etka Pathak
- Wed 6.00-7.00pm, Fri 6.00-7.00pm, Sat 8.30-9.30am
- Contact info@krang.yoga

Fraser Dance School-Scottish Dancing

- Johanna Lees Ph 622.2182
- Tues 2.30-5.30pm Wed 4.00-6.30pm Thurs 3.30-6.30pm
- johannaclees@gmail.co.nz

Yin Yoga

- Contact Eva Charles
- Thurs 6.30-7.30pm Sun 4.30-5.30pm
- Onehunga@gmail.com

Chi Ball

- Contact Lynn Oram
- 021 135 0846
- Yoga_lynn@yahoo.com

Taji Ji School for Beginners

- Contact mark Wallis
- markwmail@hmail.com
- Mondays and Wednesdays 6.30-8.00pm

Toastmasters Onehunga

- Contact Richard Reid
- Toastmasters.onehunga@gmail.com
- Meets first and third Wednesday each month 7.15-9.15pm

Diabetes Central Support Group

- Contact Lianne 622 0551 Or
- Shiv 021 618 162
- Meet 2nd Monday of the month 11am

Falcon Grey Ceramics

- Pottery Workshops
- Contact Siriporn Falcon- Grey
- Siriporn@falcongreyceramics.com
- 021 02 66 5062

ADHB Community Lactation

- Contact Shenaaz Desai
- Sdesai1@adhb.govt.nz

Learn to Dance

- Monday 7.00-8.00pm
- Contact Miriam Blackman
- 021 587 025
- miriam@learntodance.co.nz